



# 10 ways

you can stop global warming,  
reduce energy consumption  
and make a difference

- 1 Get informed and get involved.** Read books and newspapers and watch films and DVDs about global warming. Then talk to your neighbours, co-workers, friends, family and community groups about ways to reduce global warming. **Take the Nature Challenge** at <http://www.davidsuzuki.org/NatureChallenge/>.
- 2 Fly less.** Business travelers can take advantage of great new technologies such as video conferencing and webcasting. And explore new areas close to home for your next vacation.
- 3 Take public transport (walk, bike, car pool).** Consider moving to a location where taking transit and walking are an easy alternative to driving to work.
- 4 Take care of your trash.** Composting all organic waste – and recycling paper, cardboard, cans and bottles – will help reduce the greenhouse gas emissions associated with landfills.
- 5 Create an energy efficient home.** Look for the “EnergyStar” label when purchasing new appliances, and replace incandescent light bulbs with compact fluorescent light bulbs. Remember to switch off lights when you leave a room, and unplug all appliances that are not being used.
- 6 Purchase your electricity from sustainable energy sources.** If renewable energy is not available from your utility, consider purchasing Renewable Energy Certificates, which are like using green power.
- 7 Get your home an energy audit.** Many communities now have local groups that will come into your home and give you an energy audit.
- 8 Eat wisely.** Choose foods that are local, organic and low on the food chain whenever possible. Make the most of seasonal foods.
- 9 If you buy a car, make fuel efficiency a top priority.** Think about the day ahead and plan your trips so that you run as many errands as you can at once.
- 10 Go carbon neutral!** After you’ve reduced, recycled and reused, you will still have a carbon footprint – we all do. Become one of a growing group of people who are becoming carbon neutral. See [http://www.davidsuzuki.org/Climate\\_Change/What\\_You\\_Can\\_Do/carbon\\_neutral.asp](http://www.davidsuzuki.org/Climate_Change/What_You_Can_Do/carbon_neutral.asp) for details.

And remember to take the **Nature Challenge** at <http://www.davidsuzuki.org/NatureChallenge/>, which has other tips for reducing your impact on the earth.



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SOLUTIONS ARE IN OUR NATURE

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